



We are thrilled to welcome our 2019 keynote speaker, **Wayne Sparks, MD.** As

Senior Medical Director, Dr. Sparks oversees day-to-day operational management of Atrium Health's Behavioral Health Services, including inpatient, outpatient, consult, emergency department and telehealth services. He has been integral in the implementation, growth, and management of delivery of virtual psychiatric care for patients in 22 emergency departments and inpatient units across Atrium Health.

PRECONFERENCE SCHEDULE

Friday, January 25, 2019

- 12:00 pm **Preconference Registration Opens**
- 1:00-2:30 *Novel Psychiatric Pharmacologic Agents in the Adult Population** (1.5 CH) — Kristen Nagy, PharmD, BCPS, BCPP
- 2:30-4:00 *Pediatric Psychopharmacology Update** (1.5 CH) — Elizabeth Deaton, RN, MSN, PNP

RETREAT SCHEDULE

Friday, January 25, 2019

- 3:00 pm **Retreat Registration Opens**
- 3:30-5:30 **Networking | Exhibitors**
- 5:30-6:30 **WELCOME | KEYNOTE** — *Virtual Behavioral Health in Primary and Acute Care: Patient Centered with Health System Benefits* (1.0 CH) — Wayne Sparks, MD
- 6:30-7:30 **Dinner | Sponsor Presentation** — *Clinical Picture, Diagnosis, and Treatment of Pseudobulbar Affect (PBA)* (No CH) — Dr. Charles Nevels — Sponsored by Avanir Pharmaceuticals, Inc.
- 7:30-8:30 **PLENARY** — Current Updates in Medicinal Cannabis and Related Cannabinoids* (1.0 CH) — Connie Mele, MSN, RN, PMHCNS-BC, LCAS, CARN-AP, NE-BC, FIAAN; Jessica Montana, MPH, CHES®; Lauren Kestner, BFA

Saturday, January 26, 2019

- 7:00-8:00 am ... **Networking | Exhibitors**
- 8:00-9:00 **PLENARY** — *An Aggressive Earache: How Bio-Psycho-Social Factors Can Lead to Misdiagnosis for People With IDD* (1.0 CH) — Anne LaForce, MA, LPA; Maggie Robbins, MA, LCAT, RDT; Cathy Kluttz-Hile, BSN, MA, RN, CDDN
- CONCURRENT ...**
- 9:00-10:00 **GENERALIST** — *Saving Ourselves: Increasing PMH Nurse Resilience to Decrease Aggression on Inpatient Units* (1.0 CH) — Larisa Rollins King, BSN, RN; Rubi Merino, BSN, RN
- 9:00-10:00 **APRN** — *Rebooting the Social Engagement System Using the Safe and Sound Protocol* (1.0 CH) — Laura Bach, PMHNP-BC
- 10:00-10:30 **Networking | Exhibitors**
- CONCURRENT ...**
- 10:30-11:30 **GENERALIST** — *Patient Experience in the Psychiatric Setting...Making the Grade* (1.0 CH) — Beth P. Rudisill, MSN, RN-BC
- 10:30-11:30 **APRN** — *Grey Hair or Grey Matter: A Beginner's Guide to Geropsychiatry* (1.0 CH) — Elizabeth Borntrager, MSN, PMHNP-BC
- 11:30-12:30 pm... **PLENARY** — *Helping People with Mental Illness in our Criminal Justice System* (1.0 CH) — Robert A. Kurtz, PhD; Gary Junker, PhD, HSP-P
- 12:30-1:30 **Council Lunch & Business Meeting**
- 1:30-2:30 **PLENARY** — *North Carolina's Behavioral Health Crisis: What You Need to Know* (1.0 CH) — Nicholle Karim, MSW, LCSW
- 2:30-3:00 **Networking | Exhibitors**
- 3:00-4:00 **PLENARY** — *Managing Behavioral Health Emergencies in the Non-Psychiatric Inpatient Setting: Assessing the Use of Behavior Response Teams to Support Frontline Healthcare Workers* (1.0 CH) — Paul B. Perryman, MS, RN, NE-BC
- 4:00 **Closing Remarks**

* Meets criteria for pharmacotherapeutic credit — Registration form on reverse side

PRESENTED BY

The North Carolina Nurses Association's Council of Psychiatric/Mental Health Nurses

RETREAT GOAL

The purpose of the 2019 Psych Retreat is for nurses to gain knowledge of current and future trends in psychiatric and mental health nursing practice and policy.

WHO SHOULD ATTEND?

The retreat is open to all nurses interested in psychiatric-mental health service delivery; APRNs, point-of-care nurses and students.

HOTEL

- Embassy Suites by Hilton Charlotte Ayrslley, 1917 Ayrslley Town Blvd, Charlotte, NC 28273
- 704.970.5400 (code NCNA NOT)
- <https://tinyurl.com/PsychHotel>
- Room Block Discount ends 1/11/19 or when block is full

CONTACT HOURS

3.0 CH Preconference
8.0 CH Retreat

The North Carolina Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

2019 Annual Psych Retreat — January 25-26, 2019

NEW THIS YEAR!

An optional pre-conference focused on psychopharmacology for pediatrics and adults.

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CONTACT HOURS

3.0 CH Preconference
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WHO SHOULD ATTEND?

The retreat is open to all nurses interested in psychiatric-mental health service delivery; APRNs, point-of-care nurses, students and all others.

Register for the Preconference, the Retreat, or Both!

Pre-registration ends 1/18/19.

① Register Online — <https://tinyurl.com/Psych2019>

② Register using this mail in form below.

Regular Rate 12/18 - 1/18/19

	Precon Only	Retreat Only	Both
NCNA Member	<input type="checkbox"/> \$65	<input type="checkbox"/> \$235	<input type="checkbox"/> \$300
Guest	<input type="checkbox"/> \$97	<input type="checkbox"/> \$352	<input type="checkbox"/> \$449

Total amount paid or to be charged is: \$ _____

Name: _____

Preferred 1st Name for Nametag: _____

Email: _____

Best Phone (___C) (___H) (___W): _____-_____-_____

Address: _____

City: _____ ST: _____ Zip: _____

REFUND POLICY — Refund requests must be made in writing on or before 1/11/19 and will be honored at 80%. Refunds processed after 2/26/19.

PAYMENT - CHECK

Make checks payable to: North Carolina Nurses Association

Business Check Personal Check

PAYMENT - CHARGE

VISA M/C

Business Card Personal Card

CARD NUMBER:

CARD EXP DATE:

BILLING ZIP CODE:

TYPE NAME AS IT APPEARS ON CARD

CARDHOLDER'S TYPED NAME WILL SERVE AS SIGNATURE

Mail Form: ATTN PSYCH RETREAT, 4350 Lassiter at North Hills Avenue, Suite 250, Raleigh, NC 27609

Fax Form (credit card payment only): ATTN PSYCH RETREAT to 919.829.5807

Please notify NCNA ASAP if you have any dietary restrictions.

Questions? 919.821.4250 | RNs@ncnurses.org