



Dr. Richard-Eaglin is an Assistant Clinical Professor, and the Lead Faculty for the Veterans Health Specialty at Duke University School of Nursing.

RETREAT SCHEDULE

Friday, January 29, 2021

- 2:00 pm..... **WELCOME**
- 2:15-4:15..... **OPENING SESSION — Psychopharmacology Session*** (2.0 CH) — Kristen Nagy, PharmD, BCPS, BCPP
- 4:15-5:15..... **Product Theater Showcase - Problem-Based Learning: Woman With Depressive Symptoms and Daily Challenges With Functioning and Quality of Life** (No CH) — Tammy Leblanc-Russo, NPP | Sponsored by Sunovion Pharmaceuticals, LLC
- 5:30-6:30..... **KEYNOTE — Application of Cultural Intelligence to Combat Health Disparities** (1.0 CH) — Angela Eaglin-Richard DNP, FNP-BC, CNE, FAANP
- 6:30-7:30..... **GENERAL — Connections between Childhood Obesity and Depression** (1.0 CH) — Paul Trombley, MD, FAAP
- 7:30-8:00..... **VIRTUAL EXHIBITOR SHOWCASE**

Saturday, January 30, 2021

- 8:30-9:30 am..... **WELCOME | GENERAL — Turning Crisis into Opportunity through Virtual Psychiatric Nursing Clinical Education Experiences** (1.0 CH) — Meredith Troutman-Jordan PhD, RN, PMHCNS-BC
- 9:30-10:30..... **GENERAL — ADHD: Assessment, Treatment and Health Care Disparities*** (1.0 CH) — Angela K Trombley, DNP, MSN, APRN, PMHNP-BC
- 10:30-11:00..... **VIRTUAL EXHIBITOR SHOWCASE**
- 11:00-11:45..... **GENERAL — Combating Second Victim Trauma in Healthcare Providers** (0.75 CH) — Bernadette Johnson, MSN, CRNA
- 11:45-12:45 pm... **LIGHTNING TALKS** - 15 minutes each followed by Q&A (1.0 CH)
- t90833 Win-Win for You and Your Client* — Debbie Granick PMHNP, MSW
- NCBON Updates* — Melanie Mabrey, DNP, RN, ACNP-BC, BC-ADM, FAANP
- Leveraging Social Media for your Practice and Policy* — Michelle Franklin, PhD, MSN, FNP-BC, PMHNP-BC, CNS
- 12:45-1:30..... **CLOSING SESSION — Spirituality and Resilience, Protective Factors during COVID-19 Crisis** (0.75 CH) — Anka Roberto, DNP, PMHNP-BC, APRN, MPH
- 1:30-2:30..... **Council Business Meeting** | Lunch on your own
- 2:30-3:30..... **VIRTUAL EXHIBITOR SHOWCASE**
- 3:30-3:45..... **Closing Remarks**

She has been a registered nurse for 25+ years and a Board Certified FNP for almost 20 years. She is a champion for expanding diversity and inspiring cultural intelligence and cultural humility in health professions education and in clinical practice. The guiding principles for her unrelenting commitment to the role of health professions education and clinical practice are advocacy, stewardship of quality care based on the highest standards, and tilting the scales of social justice toward advancing health equity among vulnerable, marginalized, stigmatized, and under-served populations.

PRESENTED BY

The North Carolina Nurses Association's Council of Psychiatric/Mental Health Nurses

RETREAT GOAL

The purpose of the 2021 Psych Retreat is for nurses to gain knowledge of current issues in the Psychiatric/Mental Health specialty including best practices, new or innovative treatment therapies, and gain an understanding of health inequities that may impact this community.

WHO SHOULD ATTEND?

The retreat is open to all nurses interested in psychiatric-mental health service delivery; APRNs, point-of-care nurses and students.

VIRTUAL PLATFORM

Attend the Annual Psych Retreat virtually from your own computer with Internet connection.

CONTACT HOURS

8.5 CH (2.5 - PHARM)

The North Carolina Nurses Association is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

2021 Annual Psych Retreat – January 29-30, 2021

NETWORK AND LEARN AT THE PSYCH RETREAT

Gain knowledge of current and future trends in psychiatric and mental health nursing practice and policy.

REGISTRATION

① Register Online — <https://bit.ly/2TYzM3u>

OR

② Register using this form below.

CONTACT HOURS

8.5 CH (2.5 Pharm)

WHO SHOULD ATTEND?

The retreat is open to all nurses interested in psychiatric-mental health service delivery; APRNs, point-of-care nurses, students and all others.

Register for the virtual Psych Retreat!

Early Bird Rate ends 12/16/20! Registration ends 1/22/21.

Early Bird ends 12/16/20

Regular Rate 12/17 - 1/22/21

NCNA Member \$204
Guest \$306

NCNA Member \$306
Guest \$440

Total amount paid or to be charged is: \$ _____

CANCELLATION / REFUND POLICY:

To request a refund, please submit the details in writing via email to rns@ncnurses.org. Requests received by January 8, 2021 will be refunded at 80%. Refunds will be paid after February 28. Substitutions are accepted in lieu of a refund.

Name: _____

Credentials: _____

Email: _____

Best Phone (__C) (__H) (__W): _____ - _____ - _____

Address: _____

City: _____ ST: _____ Zip: _____

Please choose what best describes your role as it pertains to Psychiatric Nursing:

- I am a Psych Generalist RN
- I am a Psych APRN
- I am a Pre-Licensure Nursing Student
- I am a Licensed Psych RN/APRN Student

- NCNA gives Psych Retreat attendees and exhibitors names/contact information of all attendees for networking. I agree to my name/info being added to this list for distribution.

PAYMENT - CHECK

Make checks payable to: North Carolina Nurses Association

Business Check Personal Check

PAYMENT - CHARGE

VISA M/C

Business Card Personal Card

CARD NUMBER:

CARD EXP DATE: BILLING ZIP CODE:

TYPE NAME AS IT APPEARS ON CARD

CARDHOLDER'S TYPED NAME WILL SERVE AS SIGNATURE

Email Scanned Form (credit card payment only): RNs@ncnurses.org

Fax Form (credit card payment only): ATTN PSYCH RETREAT to 919.829.5807

Mail Form: ATTN PSYCH RETREAT, 4350 Lassiter at North Hills Avenue, Suite 250, Raleigh, NC 27609

Make checks payable to North Carolina Nurses Association. — Questions? 919.821.4250 | RNs@ncnurses.org