



NORTH CAROLINA  
NURSES ASSOCIATION.

# NURSE PRACTITIONER SPRING SYMPOSIUM

## MARCH 24-27, 2019

OMNI GROVE PARK INN  
ASHEVILLE, NC



*Nursing Forward*<sup>®</sup>

## KEYNOTE

### PETER BUERHAUS, PHD, RN, FAAN, FAANP(H)



Dr. Peter Buerhaus is a nurse and a healthcare economist who is well known for his studies on the nursing and physician workforces in the United States. He is a Professor of Nursing and Director of the Center for Interdisciplinary Health Workforce Studies at the College of Nursing, Montana State University. Before coming to Montana State University, Dr. Buerhaus was the Valere Potter Distinguished Professor of Nursing and Sr. Associate Dean for Research at Vanderbilt University School of Nursing, Professor of Health Policy at Vanderbilt University (2000-2015), assistant professor of health policy and management at Harvard School of Public Health (1992-2000),

and assistant to both the chief executive of the University of Michigan's seven teaching hospitals and to the Vice Provost for Medical Affairs. He has published more than 130 peer-reviewed articles with five publications designated as "Classics" by the Agency for Healthcare Research and Quality. Dr. Buerhaus was inducted into the American Academy of Nursing in 1994 and elected into the National Academy of Sciences Institute of Medicine in 2003.

### Wendy L. Wright



Wendy Wright, DNP(c), ANP-BC, FNP-BC, FAANP, FAAN, FNAP is an adult and family nurse practitioner (NP) and the owner of two, NP owned and operated clinics in NH named

Wright & Associates Family Healthcare. In addition, she is the owner of Partners in Healthcare Education, a medical education company. Wendy presents nationally to different audiences and has been a speaker at over 1000 conferences in 47 states. Wendy is currently a doctoral student at the University of Alabama, Tuscaloosa.

# SYMPOSIUM SCHEDULE (REV 12/6/18)

## SUNDAY, MARCH 24

11:00..... **NPSS 2019 REGISTRATION OPENS**

12:30..... **NEW ATTENDEE ORIENTATION**

1:15..... **Keynote — Changing Minds, Changing Policies: Making the Most of the Evidence on the Contributions of Nurse Practitioners;** Peter Buerhaus, PhD, RN, FAAN, FAANP(h)

2:15..... **2019 NCBON Update: Aligning NP Roles for Public Protection;** Bobby Lowery, PhD, RN, FNP-BC, FAANP, FANAI

3:15..... **REFRESHMENT BREAK**

3:30..... **Legislative Update—NCNA Lobbyists**

4:30..... **Navigating Changes in Third Party Payment;** Allen Feezor, MA

## MONDAY, MARCH 25

7:00..... **REGISTRATION OPENS | BREAKFAST**

8:00..... **Strengths of Nursing Workforce and Challenges Nurses and Employers will Face over Next 10 Years;** Peter Buerhaus, PhD, RN, FAAN, FAANP(h)

*Begin Selecting Concurrent Sessions*

A. Acute Care B. Leadership C. Primary Care

9:10..... **A. Interdisciplinary Collaboration and Communication Strategies to Promote Safe Patient Care by Nocturnist Advanced Practice Providers;** Chandra Speight, PhD(c), MSN, RN, NP-C; Barbara Connold, MSN, RN, ACNP-BC

**B. House Call Reemergence and Opportunities for NPs;** Rachel Zimmer, DNP, NP-C

**C. Prevention and Detection of Melanoma and Skin Cancer in Primary Care;** Tracy Callahan, BSN

10:10..... **EXHIBIT HALL**

10:45..... **A. Updates on Direct Oral Anticoagulants and Minimally Invasive Cardiac Procedures;** Ashley Moore-Gibbs, DNP, RN, AGPCNP-BC, CHFNP

**B. Conflict Resolution and Managing Difficult Staff/Delivering Feedback;** Yasemin Moore, MHS

**C. Properly Assessing the Thyroid;** Emily Jenkins, FNP-BC

12:00..... **LUNCH | NP COUNCIL MEETING**

2:15..... **A. Interpreting Troponin Elevation and Stress Test Results;** Speaker TBD

**B. Work Life Balance and Resiliency for NP Leaders;** Ann Bell, DNP, NP-C; Michelle Taylor Skipper, DNP, FNP-BC

**C. Treating Hepatitis C in the Primary Care Setting;** Jaclyn Bandell, MSN, APRN, FNP-C

3:15..... **EXHIBIT HALL | REFRESHMENT BREAK**

3:50..... **A. Update on Sepsis, ARDS and Delirium Management;** Erika Gabbard, DNP, RN, CCNS, CCRN

**B. Enhancing NPs Access to Resources Pertaining to Social Determinants of Health: Improving Patient Care and Promoting Equitable Health Care;** Laurie Kennedy-Malone, PhD, GNP-BC

**C. Pharmacologic Treatments for the Patient with Obesity;** Jill Ratanaphruks, MSN, RN, FNP-BC

## TUESDAY, MARCH 26

8:00..... **REGISTRATION OPENS**

8:00..... **CONTINENTAL BREAKFAST**

8:00..... **EXHIBIT HALL**

9:15..... **Managing Insomnia Across the Lifespan: Latest Treatment Options;** Wendy Wright, DNP(c), ANP-BC, FNP-BC, FAANP, FAAN, FNAP

10:15..... **EXHIBIT HALL**

11:15..... **Emerging Infectious Diseases 2019: A Discussion of New and Upcoming Infections;** Wendy Wright, DNP(c), ANP-BC, FNP-BC, FAANP, FAAN, FNAP

12:15..... **LUNCH**

*Begin Selecting Concurrent Sessions*

1:30..... **1. The Puzzle of PPIs;** Tara McLamb, NP-C

**2. Pediatric Musculoskeletal Development & Sports Injuries;** Tom Bush, DNP, FNP-BC, FAANP

2:45..... **1. Practical Symptom Management for Advanced Illness: Tips for the Non-Palliative Care Provider;** Jennifer Gentry MSN, RN, ANP-BC, ACPNP, FPCNP

**2. Incorporating Advance Care Planning Discussions in Office Practice;** Cheryl Arcuni Wicker, DNP(c), MSN, FNP-BC

3:45..... **REFRESHMENT BREAK**

4:00..... **1. How Do You Mend a Broken Heart? Review of Surgical Treatment Options for Advanced Heart Failure;** Megan Andrews, MSN, ANP-C

**2. They "Call the Shots" but You Provide the Evidence: Partnering with Patients and Caregivers to Address Vaccine Hesitancy;** April A. Bice, PhD, CPNP, RN; Diane Parker, MSN, FNP-BC

## WEDNESDAY, MARCH 27

7:45..... **REGISTRATION OPENS**

8:00..... **Breakfast and General Session—Legal Intoxication, What Medications Are Being Abused Now?;** Nancy Balch, PharmD, BCCCP

9:15..... **Pharmacogenomics: A Primer for Nurse Practitioners;** Gillian C. Bell, PharmD; Penny Stollery, MSN, ANP-C, AOCNP

10:15..... **Blowing Smoke: Health Risk Associated with Smokeless Tobacco and Alternatives (Vapes, E-cigs, Hookah);** Cassandra Hefner, DNP, FNP-BC

11:30..... **I've Referred My Patient with Chronic Low Back Pain to Pain Management. What's Going to Happen to Him Now?;** Karen M. Lewis, DNP, FNP-BC

**Earn up to 29.0 Contact Hours with Content Capture**

(18.0 CHs for onsite) (Pharm Hours 7.8)

*This schedule is subject to change. Visit [www.ncnurses.org](http://www.ncnurses.org) > Events for updates.*

**2019 NPSS Pre-Registration Form**  
**March 24-27, 2019 in Asheville, NC**

**ONLINE REGISTRATION IS AVAILABLE AT NCNURSES.ORG!**  
 When using this form, please print/type/duplicate if needed.

Name:  Last  First  MI  1<sup>st</sup> Name to print on Name Tag

Address:  Street, Box, etc.  City  State  ZIP

Phone:    Email:  County:

	YES	NO
A. I will need a ticket for <b>vegetarian</b> meals:	<input type="checkbox"/>	<input type="checkbox"/>
B. I will need a ticket for <b>gluten free</b> meals:	<input type="checkbox"/>	<input type="checkbox"/>
C. First Time Attendee:	<input type="checkbox"/>	<input type="checkbox"/>
D. Current NP student ⌘:	<input type="checkbox"/>	<input type="checkbox"/>
E. <input type="checkbox"/> NCNA gives NPSS attendees and exhibitors names and contact information of all attendees for networking. Place a check in this box if you DO NOT want your contact info added to this list for distribution.	<input type="checkbox"/>	<input type="checkbox"/>

- ♦ **EARLY BIRD RATES UNTIL January 22! Take advantage of special rates before January 22!**
- ♦ PRE-REGISTRATION ENDS MARCH 15: Please register by March 15 to guarantee your spot. (Do note that mailed registrations with a postmark after March 15 will not be processed.)
- ♦ ON-SITE: On-site registrations accepted as long as space is available. A \$25 on-site processing fee will be added to all on-site registrations.
- ♦ HOW TO COMPLETE:
  - 1 FULL NPSS, check category, then check box for your correct fee, and add that \$ amount to column on the right.
  - 2 DAILY, check category, then under day(s) you will attend, select correct fee amount, and add each daily \$ amount to column on the right.

**1 FULL NPSS**

	<b>Early Bird Rate!</b> until Jan 22	Regular Rate Jan 23-Mar15
<input type="checkbox"/> NCNA/SNA Member.....	<input type="checkbox"/> <b>\$574</b> .....	<input type="checkbox"/> \$720
<input type="checkbox"/> Guest (NCNA/ANA)*.....	<input type="checkbox"/> <b>\$884</b> .....	<input type="checkbox"/> \$1030
<input type="checkbox"/> Guest (NCNA)**.....	<input type="checkbox"/> <b>\$800</b> .....	<input type="checkbox"/> \$950

KEY (for FULL Guests):  
 \* This Guest fee includes a 1 year full NP membership in NCNA/ANA.  
 \*\* This Guest fee includes a 1 year NP NCNA-Only membership.  
 If you DO NOT want to take advantage of the free 1 year membership included in your Guest registration fee, please place a check mark in this box.

Below, enter \$ amounts selected and total.

Amount placed in TOTAL box will be charged to credit card or will be the payment you will enclose.

1 FULL Symposium ....

2 DAILY— Sunday.....

DAILY— Monday.....

DAILY— Tuesday.....

DAILY— Wednesday...

---

**TOTAL \$**

**2 DAILY** →

	Sunday ⌘	Monday	Tuesday	Wednesday
	Early Bird: 1/23-3/15	Early Bird: 1/23-3/15	Early Bird: 1/23-3/15	Early Bird: 1/23-3/15
<input type="checkbox"/> NCNA/SNA Member	<input type="checkbox"/> \$140 <input type="checkbox"/> \$185	<input type="checkbox"/> \$314 <input type="checkbox"/> \$359	<input type="checkbox"/> \$289 <input type="checkbox"/> \$329	<input type="checkbox"/> \$155 <input type="checkbox"/> \$200
<input type="checkbox"/> Guest	<input type="checkbox"/> \$210 <input type="checkbox"/> \$278	<input type="checkbox"/> \$471 <input type="checkbox"/> \$539	<input type="checkbox"/> \$434 <input type="checkbox"/> \$494	<input type="checkbox"/> \$233 <input type="checkbox"/> \$300

⌘ NP Students may receive a 10% discount on Sunday participation with proof of enrollment.

**PLEASE READ THE FOLLOWING NOTICES CAREFULLY:**

**ON-SITE REGISTRATION AFTER MARCH 15:** Please register by March 15 to guarantee your spot. On-site registrations will be accepted as long as space is available. A \$25 on-site processing fee will be added to all on-site registrations.

**SESSION SPACE AND COMFORT:** All concurrent sessions will be filled on a first come/first served basis. As a reminder, concurrent sessions will also be available for viewing with content capture. Plan to wear layered clothing for your personal comfort.

**CANCELLATION / REFUND POLICY:** To request a refund, please submit the details in writing or by email. Requests postmarked on or before February 1, 2019 will receive a full refund less a 25% administrative fee. Requests postmarked on or before March 1, 2019 will receive a full refund less a 50% administrative fee. Refund requests received after March 1, 2019 are subject to full forfeiture.

**RETURN FORM TO NCNA:**

By Mail: **NCNA, 4350 Lassiter at North Hills Avenue, Suite 250, Raleigh, NC 27609**

By Fax: **919.829.5807 For credit card payments only.**

For updates and links or if you prefer to use the online registration go to: [www.ncnurses.org](http://www.ncnurses.org).  
 Questions? Call 919.821.4250 or email [RNnurses@ncnurses.org](mailto:RNnurses@ncnurses.org).

**PAYMENT: CHECK** Please make checks payable to the: North Carolina Nurses Association

Check is:  Business  Personal #

---

**PAYMENT: CHARGE**

VISA  MasterCard

CARD NUMBER:

EXP DATE:  BILLING ZIP CODE:

PRINT NAME AS IT APPEARS ON CARD:

CARDHOLDER'S SIGNATURE:



4350 Lassiter at North Hills Avenue  
Suite 250  
Raleigh, NC 27609

**Nursing Forward<sup>®</sup>**

Non-Profit Org.  
U.S. POSTAGE  
PAID  
Raleigh, NC  
Permit No. 87

## Nurse Practitioner Spring Symposium March 24-27, 2019 in Asheville, NC

### Omni Grove Park Inn



#### HOTEL INFORMATION

Omni Grove Park Inn  
290 Macon Avenue  
Asheville , NC 28804

Online Reservation Link: <https://tinyurl.com/GPINPSS2019>  
Phone Reservations: 800.438.5800 (reference NP Spring Symposium)

Room Block Discount: \$185.00 per night  
Room Block Deadline: February 22, 2019 (or when block is full)

**Earn up to 29.0 Contact Hours  
with Content Capture**  
(18.0 CHs for onsite)  
Pharm Hours 7.8

The NPSS schedule is subject to change. Find updates here: [www.ncnurses.org](http://www.ncnurses.org) > Events.

**Content Capture:** Attendees will receive a link to presentations with audio about a month after NPSS for each day of paid registration to review sessions attended or listen to concurrent sessions missed. You will have a few months following symposium to access the NPSS Content Capture Online Portal.

*The North Carolina Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.*